

# RIC INTENSIVE APHASIA THERAPY PROGRAM

## Reconnect to the World with RIC's Research-Backed Treatments

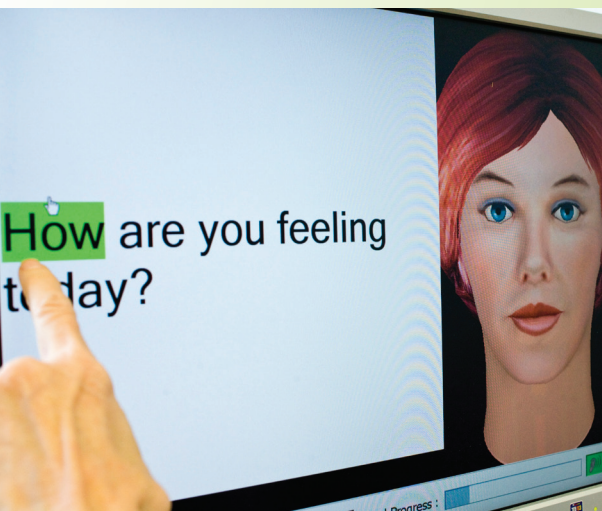
Are you living with aphasia? Do you have trouble communicating with the world around you? You are not alone. It's reported that more than one million people are living with aphasia in America. The RIC Intensive Aphasia Therapy Program is designed to help improve your communication skills and enhance your quality of life. This month-long intensive program provides the most innovative treatment possible to help you or your loved one communicate better.

If a stroke or a brain injury has caused aphasia for you or a loved one, you know that it is hard to interact with those around you. RIC's Intensive Aphasia Therapy Program can help you enhance your communication skills, improve your social interactions and regain a greater quality of life.

RIC is the recognized leader in rehabilitation care, having been ranked the "#1 Rehabilitation Hospital in America" by U.S. News & World Report every year since 1991. Through the pioneering research of RIC's Center for Aphasia Research

and Treatment, individuals with aphasia can now benefit directly from advanced treatments and novel programs developed to improve their language and communication skills and regain their confidence.

The therapy you will receive in the RIC Intensive Aphasia Therapy Program is unmatched. That is because it is based on the latest, cutting-edge aphasia research being conducted firsthand by RIC's own highly trained specialists at our Center for Aphasia Research and Treatment.



## Who Can Benefit?

The program is open to all individuals with aphasia who are at least 18 years old. Participants should also:

- Be medically stable
- Be able to endure the intensity of the program
- Be independent in mobility and self-care, or be accompanied by a caregiver at all times

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### Researchers Focused on Aphasia

When pioneering aphasia treatments are being developed down the hall, you not only receive that treatment faster, but straight from the hands of those who created and tested it. Some of the advanced treatments you will only find at RIC are specialized computer-based language programs called AphasiaScripts™ and Oral Reading for Language in Aphasia (ORLA™), which were developed by RIC's Center for Aphasia Research and Treatment. These programs use state-of-the-art technology to simulate therapy with a clinician and allow you to practice speaking, listening and reading many hours each day. This is vitally important since research shows that such intensive therapy is essential for making the changes in the brain that may result in improved communication skills.

The RIC Intensive Aphasia Therapy Program also utilizes evidence-based, intensive communication treatments such as Constraint Induced Language Treatment (CILT)—focusing on verbal expressive language ensuring participants exercise their ability to speak—and Promoting Aphasia Communicative Effectiveness (PACE)—encouraging use of multiple channels of communication.

#### Application Checklist

Interested participants must complete the application package available at [www.ric.org/aphasia](http://www.ric.org/aphasia) which includes:

- General Patient Application
- Medical Information Form (to be completed by your physician)
- Communication Report (from your current or most recent speech-language pathologist)

### Making an Appointment

To schedule an appointment, or make a referral, call RIC's Intensive Aphasia Therapy Program at 312-238-REHAB (7342)

Visit Us Online [www.ric.org/aphasia](http://www.ric.org/aphasia)

### Caring, Experienced Treatment Team

There is no substitute for RIC's dedicated, compassionate and experienced therapists. We ensure that you will have at least two speech-language therapists working with you at any given time. Our therapists are among the most experienced in the field of aphasia treatment, several of whom have spent over 25 years working with individuals with aphasia.

The communication problems associated with aphasia impact every aspect of daily life. At RIC, we know that just as well as you do and have been developing novel, effective therapies to treat aphasia for more than 20 years. Don't wait another day to take the most important step in improving you or your loved one's communication skills.

### Intensive, One-of-a-Kind Treatment

Recent studies show that individuals with aphasia benefit from treatment provided intensively over a short period of time. RIC's Intensive Aphasia Therapy Program is one month long and participants receive up to 30 hours of therapy per week. This intensive therapy regimen increases the possibility of improved communication.

Daily treatments include:

- Two hours of individual speech and language therapy
- One hour of computer-based treatment using RIC's one-of-a-kind language programs developed at the RIC Center for Aphasia Research and Treatment
- Two hours of group therapy that target reading, writing and conversation skills
- One hour of specialized treatments or augmentative communication
- Caregiver workshops and support exercises

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