



# CYCLING

## INDOOR ADAPTIVE PROGRAM

**Tuesdays & Thursdays**

**Session I: 11am-12:30pm**

**Session II: 12:30pm-2pm**

**Shirley Ryan AbilityLab Fitness Center**

**541 N Fairbanks Ct**

**Mezzanine Level**

**Chicago, IL 60611**

• Free of cost • Equipment provided • Limited spots • Masks required • COVID-19 vaccine required

Contact Demi Madden for more information • [dmadden@sralab.org](mailto:dmadden@sralab.org) • (312) 238-5010